GET READY FOR SUMMER AND DOWNLOAD RANGE

Each summer, over 45,000 sites serve youth free meals across the U.S. and territories. How can you help make sure youth get fed this summer? Here are some tips:

Understand the issue:
You don't have to be an expert to know that kids are hungry. Those who receive free and reduced lunches during the school year need to find free nutritious meals when school is out. The USDA Summer Food Service Program serves free food to young people 18 and under. You can help make sure your community—your neighbors—know where to find free meals this summer.

Tip 1: Find meal sites in your area.
The more people who know about the summer meals program, the more youth will benefit from it. Free trained and mobile apps exist to locate these sites in your neighborhood.
1. Hunger Mind (adult meal sites, get directions, and share information with others)
2. MyPlate.gov (search meals by zip code)
3. Foodapalooza
4. No Kid Hungry (text 111877 to find food near you)

Tip 2: Tell your community about the summer meals program. If you work with youth or with organizations that reach youth, use these outreach materials to tell them about free meal sites this summer.
1. Range poster and messaging you can use to reach your community
2. WhyHunger: summer materials
3. No Kid Hungry: act locally to fight child hunger

WHO SHOULD USE RANGE?
Anyone can download and use Range. It is available for Android and iOS. People who work with youth and their families — trusted adults and community leaders — are the best starting point for sharing this information as broadly as possible.